

Table S1. Stigma Measures and Stigma Types

Name of measure	Number of items	Types of stigma measured	Stigma definitions
Developed own/new (Earnshaw and Quinn ¹²)	32	Internalized, experienced, and anticipated stigma	<p><i>Experienced stigma</i>: perceived discrimination, stereotyping, or prejudice from others</p> <p><i>Anticipated stigma</i>: expectation or fear of experiencing discrimination, stereotyping, or prejudice from others in future</p> <p><i>Internalized stigma</i>: recognition, acceptance, and adoption of others' negative attitudes and beliefs toward one's own stigmatized identity</p>
Scambler and Hopkins ⁹	Qualitative	Felt and enacted stigma	<p><i>Enacted stigma</i>: discriminatory attitudes or behaviors an individual may face from others because of their stigmatized condition</p> <p><i>Felt stigma</i>: fear of facing discrimination from others in future and internalized sense of shame associated with having a quality others deem inferior</p>
SSCI-24, SSCI-8 ^{28,44*}	24 or 8	Enacted/externalized stigma, internalized/self-stigma	<p><i>Enacted/externalized stigma</i>: acts of discrimination and/or exclusion an individual may face from others</p> <p><i>Internalized/self-stigma</i>: shame surrounding one's own stigmatized identity and fears of facing discrimination in future</p>
Cook's Stigma Scales ^{21*}	36 or 9 (9 excludes internalized)	Anticipated, isolation, internalized stigma	<p><i>Internalized stigma</i>: negative feelings toward one's own disease</p> <p><i>Anticipated stigma</i>: sense that an individual was or would be stigmatized</p> <p><i>Isolation stigma</i>: An individual's sense of exclusion and ostracism because of their disease</p>
RSS-MS, MS-Related Stigma Scale ^{23,40*}	9	Internalized and perceived stigma (but only as general score)	<p><i>Internalized stigma</i>: devaluing of one's own worth and/or feeling ashamed/responsible for one's illness (Eldridge-Smith²³); directing other people's negative attitudes or beliefs about people with stigmatized identity against oneself (Valvano et al⁴⁰)</p> <p><i>Perceived stigma</i>: no definition</p>

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ISS discrimination dimension ^{30*}	13	Perceived discrimination	A person's perceptions of negative reactions, hostility, or discrimination from others toward their illness
Neuro-QOL (for adults) ^{47,50*+}	CAT form: variable number out of 24 items; short form: 8	Stigma	Experienced negativity, prejudice, and discrimination from self or others because of an individual's disease-related differences
Feelings of stigmatization score ^{29*}	4	Feelings of stigmatization	Feeling stigmatized as result of having MS
Kalantari et al ¹⁹ stigma scale*	20	Perceived stigma	No clear definition

CAT, computer adaptive testing; ISS, Internalized Stigma Scale; MS, multiple sclerosis; Neuro-QOL, Quality of Life in Neurological Disorders; RSS, Reese Stigma Scale; SSCI, Stigma Scales for Chronic Illness.

* Used for people with MS.

+ Neuro-QOL items overlap with SSCI items.